

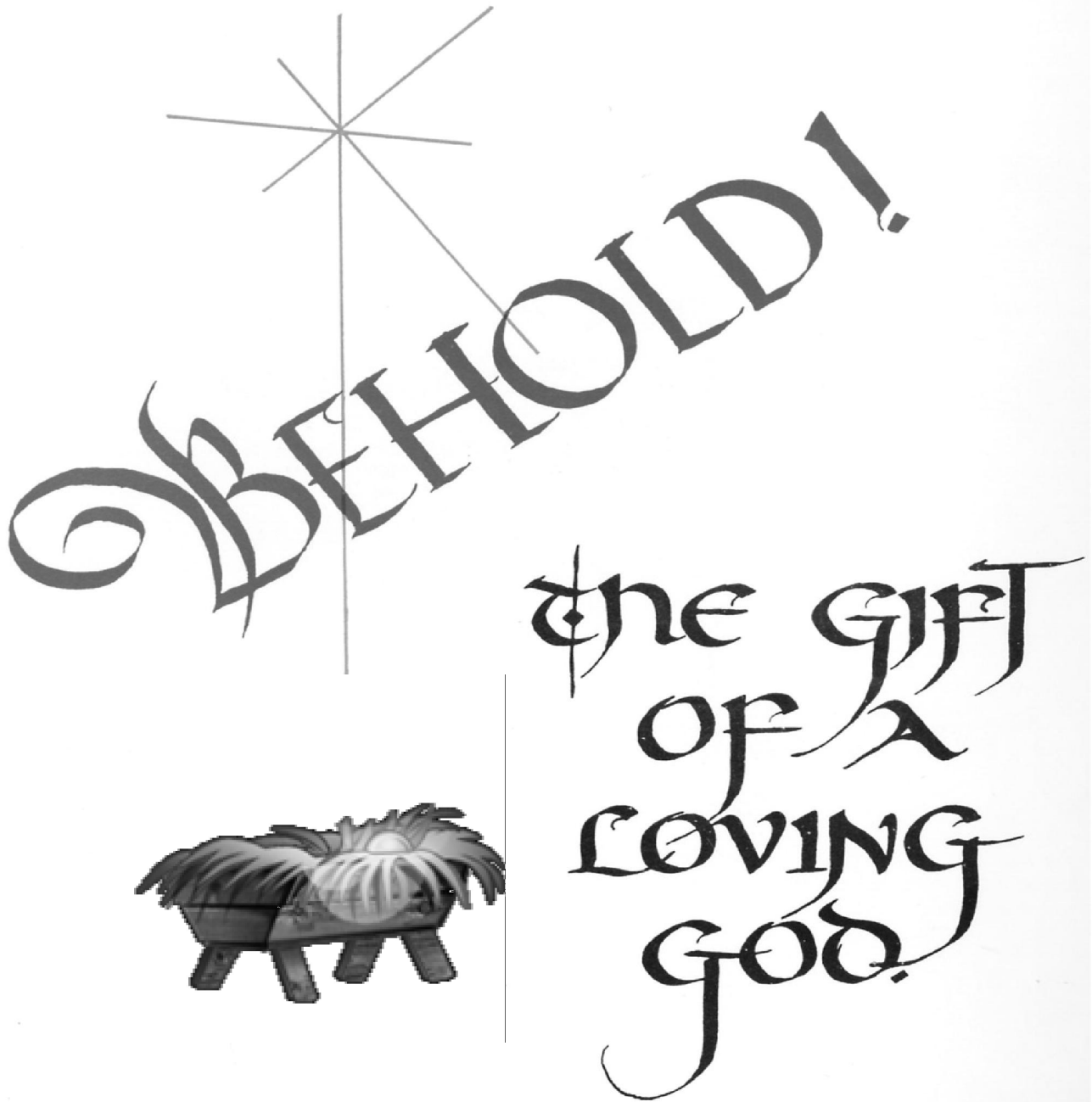


Lisle Benedictine Women

Vol. 32, No. 2

Sacred Heart Monastery, Lisle, IL

December 2009





MESSAGE FROM THE prioress...



Dear Friend of the Benedictine Sisters,



Ask any child what they want for Christmas, and they can quickly come up with a list – long, and probably expensive.

What do you want for Christmas? Gift-giving has long been associated with Christmas. Even during this difficult economic time, people will spend many days and money during Advent shopping for just the right gift for family, friends and loved ones. What is the best gift you could receive for Christmas?

Another name for “gift” is “present”. How about the gift of “presence” this Advent/Christmas? How about spending quality time being present to those you love? How about taking the time to be present with the smallest child, an elderly person, someone who is sick, a close friend?

How about spending some quality time during Advent being “present” to the coming of the Lord? The Lord comes to us again and again. He is “our present” in so many ways. He is “the present” in the person who needs your listening ear, in a co-worker, in the folks who live down the street – in the stranger you will meet today. Will you recognize Him and thank Him for His “present”? It’s been chosen especially for you!

Advent is a time to brush up on hospitality of the heart, so that when Christmas comes, we may welcome the presence of Jesus with joy, warmth, wonder and a heart full of gratitude.

Advent Peace,

Sister Judith Ann Heble, OSB.

Sister Judith Ann Heble, OSB
Prioress

~ INCLUDED IN THIS ISSUE ~



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Benedictine Sisters of the Sacred Heart Board of Directors (Monastic Council)

Pictured above are the members of the Monastic Council. (left to right, front row) Sisters Mary Bratsovsky, Judith Ann Heble, Prioress, Benita Jasurda, Subprioress. (back row) Sisters Carolyn Sieg, Sharon Marie Stola, Helen Jilek, Treasurer, and Jo Anne Form, Secretary.

SIXTY-FIVE YEARS OF COMMUNITY AND SERVICE

Friday evenings are for community gatherings. The Sisters come together to relax and visit, watch a movie, play cards or games, and enjoy special refreshments. On the evening of October 2nd, a Jubilee Celebration was held in honor of Sister Mary Agnes Kallus, OSB, and Sister Gilbert Tuma, OSB on the 65th anniversary of their of monastic profession. Jubilees are important times at Sacred Heart Monastery. The Sisters look back over the lives of the special celebrants and reflect on the part each has played in the life of the monastery. It is a time of special thanksgiving, and of looking ahead to what new blessings might come to their lives.

Sister Mary Agnes returned home to the monastery in September of this year after living at Ss. Cyril & Methodius Parish in Joliet since 1970. An educator for her entire career, Sister Mary Agnes served at St. Joseph Orphanage and St. Joan of Arc in Lisle, and schools in Texas and Ohio before moving to Joliet. She began as a teacher at St. Bernard and Ss. Cyril & Methodius, and moved to St. Joseph's School in 1980. She was the fourth grade teacher at St. Joseph's until her retirement. In some cases, she taught two generations in a family. In addition, Sister Mary Agnes ministered to the parishioners at Ss. Cyril & Methodius on weekends as the Religious Education Coordinator. She helped to prepare students for First Eucharist and Confirmation, served as Sacristan and Eucharistic minister in the Church, and brought Communion to the homebound. Sister was an active member of the parish, working hard to ensure success and fun at events. She took a special interest in providing clothing and food to those in need in Joliet.

Sister Mary Agnes is one of five Kallus Sisters (Sisters Andrea, Josephine, Virginia and the late, Angelica) from La Grange, Texas, who are



Left to right: Sister Mary Agnes Kallus, OSB,
Sister Gilbert Tuma, OSB

members of the community.

Duties at the monastery will keep Sister Mary Agnes busy in her retirement. She will be preparing rooms and welcoming guests to the monastery, and visiting with the residents of Benedale Center and the Villa Center. She hopes to be able to do some tutoring or substitute teaching in the future.

Sister Gilbert has given piano and violin lessons to over 1,000 music students during her long career. Since her first kindergarten class at St. Vitus in Chicago, Sister has included music, dance and drama in her curriculum. She served as an elementary teacher in classrooms in Illinois, Texas and Wisconsin before returning to Sacred Heart and establishing the Music Studio in the monastery basement. When the Studio was closed because of the monastery renovations, Sister Gilbert began to travel to private homes to provide piano and violin lessons. Sister's students include not only young children, but often their parents, who are also interested in a musical education.

Three times a day, Sister Gilbert can be found taking care of the Sisters' dining room. Her responsibilities include gathering the food after meals, getting the dishes to and from the dish room, and ordering supplies for the servery and dining room. Sister Gilbert is known for her decoration of the dining room. Sister has a never-ending supply of flowers, candles and other centerpieces for the tables, as well as seasonal displays for the sideboard and windowsills.

Eight times a year, the Development Office counts on her help with our mailings. Applying address labels (and keeping everything in proper order) are her specialty. She comes early and stays until all the work is complete.

Please join us in celebrating Sister Mary Agnes' and Sister Gilbert's Jubilee Year.

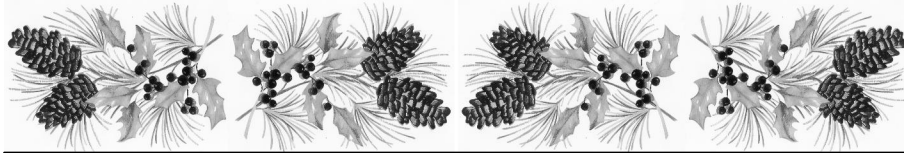
MONASTIC LIFE IN LIGHT OF ~ ~ ~

Whet Your Appetite for Religious Life

The Religious Sisters who are vocation directors in their communities and serve with the *Joliet Area Vocation Association (JAVA)* prepared a prayer and pizza party for young adult, single women. The title for the gathering was called: "*Whet Your Appetite for Religious Life*" and was held on Wednesday evening, November 4th, 2009 from 6:00-8:00 p.m. at the Joliet Franciscan Center. The guest speaker was Bishop J. Peter Sartain. Sister Christine Kouba brought four young women to this event who were excited to come for the party to meet the Sisters, the Bishop and other young women of similar interest.



Sister Christine Kouba, OSB



The National Benedictine Vocation Directors' Conference was held at St. John's Abbey in Collegeville, Minnesota, on October 8-12, 2009. Sister Christine Kouba was privileged to attend the conference.

Monasticism As Radical Christianity: Reaching the Serious Seeker was the theme of the prophetically inspired conference featuring Sister Joan Chittister, OSB, Brendon Duffy, M. Div., Sister Ephrem Hollermann, OSB and Abbot John Klassen, OSB, as speakers.

The St. John's Abbey and St. Benedict's Monastery/College, along with St. John's University School of Theology, set the tone for monastic living, witnessing to the substance of the conference.

CDs of these dynamic lectures will be available to the Sacred Heart Monastery community for meditation, discussion and implementation.

CHALLENGING TIMES AND REALITIES

CELEBRATION OF RELIGIOUS LIFE

The Celebration of Religious Life, which takes place at the St. Charles Borromeo Pastoral Center in Romeoville, Illinois, is an annual festivity in the Diocese of Joliet. Sisters, Brothers and Priests from all the religious orders in the Diocese are invited to this event every year. There is a special focus on the jubilarians from the religious orders who are honored for their years of service.

This year the celebration was held on Saturday, September 19, 2009 at 4:00 p.m. The Eucharist was celebrated by the Bishop of Joliet, Most Reverend J. Peter Sartain. In his homily he gave credit to the Sisters, Brothers and Priests of religious orders saying, " *We could not fully function without you*". The jubilarians from Sacred Heart Monastery were Sisters Mary Agnes Kallus and Mary Gilbert Tuma who were both honored for their 65 years of commitment. In all, there were sixty-four jubilarians from the diocese mentioned for their significant years in religious life. After the Eucharist, the invited guests were treated to a delicious dinner in the dining hall of the Pastoral Center.

The Sisters from Sacred Heart Monastery who also attended the celebration were: Sister Sharon Marie Stola, Joliet Diocesan Director of Liturgy and the Catechumenate, who planned the Liturgy and put together the Mass booklet, Sister Jo Anne Form, who designed the front cover of the Mass booklet, Sister Christine Kouba, who was a part of the reception committee, Sister Benita Jasurda, who was a candle bearer in the procession, and Sisters Mary Bratrsovsky, Irene Jasien, Joanne Williams, Josephine Kallus, Virginia Kallus, Regina Ann Weissmann, and Affiliate Lorraine Dyba, who was part of the choir.



THE NUN RUN is a twenty-four hour experience during which young women, ages 18-40 are invited to visit convents and/or a monastery from Friday night to Saturday night.

This year the NUN RUN started on Friday, November 20, 2009 in Frankfort, Illinois. The Franciscan Sisters from the Frankfort Convent were joined by the Franciscan Sisters of Lemont, who met the young women for supper, prayer, and reported on how the Sisters live their religious lives and some fun games. Staying overnight, they were up early the next morning on November 21, ready to drive to the Joliet Franciscan Center for breakfast, prayer and information on the type of ministries that these Franciscan Sisters have.

From there, the NUN RUN group headed for Lisle to Sacred Heart Monastery with the Benedictine Sisters for the 11:30 a.m. Eucharist. Lunch followed in the monastic dining room and later the group moved to the conference room for a presentation of the Benedictine way of life and time for questions and answers.

One more RUN took them to Wheaton where they met the Sisters of Loretto joined by the Franciscan Sisters of Wheaton. There too, they were given refreshments, learned about the Loretto Sisters and the Wheaton Franciscan Sisters, prayed together, enjoyed conversation and evaluated their day as an informative one, praising the Sisters of every house for collaborating so well with each other.

Sister Christine Kouba, OSB
is the Vocation Director for the
Benedictine Sisters of Sacred Heart Monastery.
If you would like more information about
Sacred Heart Monastery
visit our website at
www.shmlisle.org,
click on Sister Christine's blog or
contact Sister Christine at
ckouba@shmlisle.org

“CARE OF THE SICK MUST RANK . . .

The St. Walburga Care Center is located on the third floor of the monastery and is home to the Sisters who need assistance with their day-to-day activities. While Sister Christine Kouba is responsible for oversight of the area, there are four additional part-time women who assist her with the many tasks that need attention. Ellen Rodman, R.N., has been with the Sisters since 2003 and works two days a week.

Here is a brief introduction to our newest St. Walburga Care Center assistants.

Barbara Spika is a Certified Nursing Assistant (CNA) who has worked the night shift at Villa St. Benedict for the past eight years. About a year ago, she began working for the Sisters and is currently working on the weekends. Her duties include assisting the Sisters with their daily personal needs, doing laundry, making beds, and being a companion and friend.



Barbara says she loves her work here, as the fringe benefits - hugs and prayers - are the best around.

Barbara is a woman with a lot of energy. During the day you can find her working at the McDonald's on Maple Ave. She is an accomplished seamstress and makes tailored clothing for clients, as well as fun special-events costumes. She is currently working on a fairy godmother dress for a friend to wear to her god-daughter's wedding reception.

Barbara is originally from Myrtle Beach, South Carolina and has lived in Lisle for twenty-eight years. She and her husband have two daughters, Athena and Cassandra, and ten grandchildren.

In her spare time, Barbara loves to travel. She has been to Greece and Italy with her sister, and combining her profession with travel, she accompanies vacationers on trips to care for elderly family members. These trips have taken her to Ireland and Hawaii.

Villa St. Benedict residents were invited to
“MEET THE SISTERS”
events in October and November. The residents were given tours of the St. Walburga Care Center which is currently the home for our elderly and infirm Sisters. St. Walburga was an eighth-century Benedictine nun who was known for her gentleness, humility and charity, as well as her power to heal the sick through prayer. Refreshments and visiting with the Sisters followed the tours.

ABOVE AND BEFORE ALL ELSE”

Rule of St. Benedict, Chapter 36

Krishna Surati, who has been a CNA for four years, was a student at Benedictine University majoring in Health Sciences when she began working part-time at Benedale Center and for the Sisters. For a year, she worked with the assisted living residents and found that she enjoyed working with the elderly. This work led her to a change of career plans, and in November, she became a full time student at the Chamberlain School of Nursing in Addison,



Illinois. She is working on a BSN degree. Krishna will continue to work on a substitute basis for the Sisters whenever she is available.

Krishna lives with her parents in Des Plaines, and has a younger brother, who is also a college student. She enjoys going to the movies in her free time.

She likes working with the Sisters because she says their stories are so interesting. They have led such varied lives, and Krishna feels there is much to learn from their experiences. We wish Krishna good luck with her nursing studies, and look forward to listening to her stories when she can return to the monastery.

Welcome, Barb, Krishna & Marisol!

Marisol Beltran currently works on Monday, Tuesday and every other Thursday from 6:00 a.m. to 1:00 p.m. caring for the Sisters on the third floor. She finished her CNA studies two years ago. She hopes to enroll in nursing school “someday”, but her first priority now is spending as much time as possible with her children, Nicholas (8), Leslie (5) and Isabella (10 months).

Marisol is also an employee of Villa St. Benedict where she has been the concierge at Benedale Center on two weekdays and alternating weekends since 2005. Marisol, her husband and children live in Bolingbrook, very close to her sister and mother, who are able to help out with child care.



When she is home with the children, they can be found in the kitchen, baking cookies, cakes, and other goodies. Marisol and her husband enjoy horseback riding and are fortunate to be friends with the owners of a local horse farm. They visit her husband’s family in Mexico every December, and are able to ride horses there also.

Marisol says her time in St. Walburga’s is very peaceful. She spends individual time with each of the Sisters as she assists them with their personal needs, brings them breakfast, and administers morning medications. She helps them to chapel to attend daily Mass and then to the dining room for lunch. The days are busy, but it is quiet and the pace is slow.

Thank you, Barb, Marisol and Krishna for your patient and compassionate care of our elderly Sisters.

SACRED HEART MONASTERY HOSTS



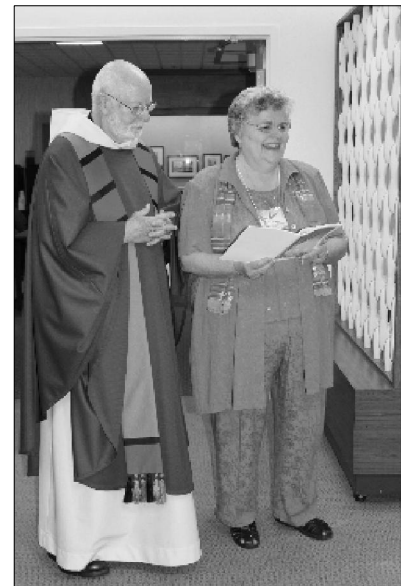
Table discussions and reporting back to the committee assisted the delegates in planning for the future.



The Eucharist and the Liturgy of the Hours were enhanced by the musicians, the choir and the dance rituals.

Seventy-five Benedictine women, representing twenty-one North American monasteries gathered on Friday, June 19, 2009 at Benedictine University in Lisle. They participated in four days of sessions in preparation for the General Chapter of the Federation of St. Scholastica which will be held in June 2010 in Atchison, Kansas. The Pre-chapter and the Chapter will provide resource materials and supportive guidelines to assist the approximately 900 Federation members in their ongoing efforts to deepen their commitment to the Benedictine way of life. The delegates chose to focus on how their Benedictine Heritage shapes their lives and witness in the 21st century.

The Federation of St. Scholastica includes nineteen monasteries across the United States and two monasteries in Mexico. Representing Sacred Heart



Abbot Hugh Anderson, OSB, celebrant, and Sister Esther Fangman, OSB, President, Federation of St. Scholastica.

FEDERATION OF ST. SCHOLASTICA PRE-CHAPTER

Monastery were Sister Judith Ann Heble, Prioress, and Sisters Mary Bratrsovsky and Sharon Marie Stola, who were elected as Delegates by the community. St. Scholastica Monastery in Chicago was our co-host for this event.

Volunteers prepared the apartments at Founders Woods on the Benedictine University campus, made numerous trips to the airports, and greeted the delegates and helped to settle them into (and out of) their rooms. The Pre-chapter meetings and meals were held in the Krasa Center. On Sunday evening, the visitors were invited to vespers in the Sacred Heart chapel, and dinner and a social in the Villa Center. Members of the Villa St. Benedict Resident Council were on hand to welcome the guests. For more information and pictures, please visit the federation website, www.scholastica-fed.org.



Villa St. Benedict Resident Council Members



Delegates gather at Villa St. Benedict to enjoy each other and a delicious dinner.



Sister Judith Ann Heble, OSB, Prioress
Sacred Heart Monastery

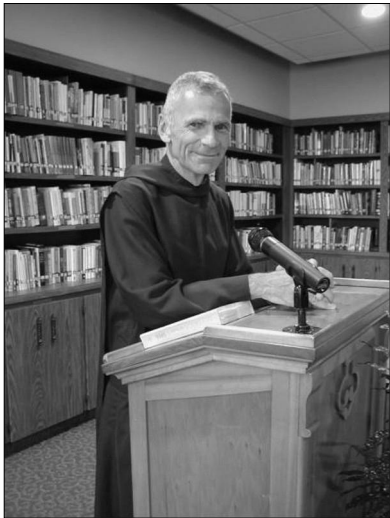


Evening Praise celebrated at Sacred Heart Monastery

TIMES OF DISCOVERY AND REFLECTION

Why Do Sisters Need a Retreat?

By Sister Christine Kouba, OSB



People often question why Sisters need a retreat. The answer is simple. It is because Sisters are not divine, but human. As human beings they have the same distractions from the Christian focus as others do. However, since there is a high level of virtue expected of them, they need a periodic renewal of the principles that led them

to embrace their monastic life.

Father Joel Rippinger, OSB, from Marmion Abbey in Aurora, Illinois, was the retreat director this year for the Benedictine Sisters from June 29 - July 3, 2009. One of the many topics he chose, enlightened by the Rule of St. Benedict, was *Hospitality*, the virtue the Sisters uphold as their mission statement. Enlarging on Benedict's Rule that *all guests* are to be received as Christ, Father Joel said that monastics are to learn from the guests who enrich the community by their presence.

On the part of the Sisters, they are to show the loving concern of Jesus by providing for the needs of the guests, bring them to prayer, allow them to experience the rhythm of monastic life, and transmit the feeling of oneness and charity among the community members. Most visitors are looking to the monastery for those silent moments away from the noise and racket of their lived experience. They want to listen and hear the gentle whisper of the voice of God speaking to them and to sense God's mercy in their midst. Their show of gratitude for the *Hospitality* they received in discovering the space and beauty around them in the monastery is a rich, spiritual gift that encourages the Sisters to appreciate God's people and always keep them in prayer.

Monastery and House Coordinators Annual Retreat

By Sister Benita Jasurda, OSB

The *Monastery and House Coordinators Annual Retreat* was held at the Sophia Center at Mount St. Scholastica, Atchison, Kansas, September 24 - 28, 2009. The presenters were Sister Esther Fangman, OSB, and Sister Irene Nowell, OSB, members of the Mount community.

Choosing the topic of "*Listening in the Daily*," Sister Esther shared her wisdom and insights on leadership, dynamics of relationships and boundaries, identification of feelings, and listening skills necessary for our present position in community.

Sister Irene presented Wisdom literature as a foundation for the monastic life - "the way to the good life." She showed how St. Benedict was influenced by Wisdom literature and used it as a pattern for virtuous living in his Rule. Through the faithful practice of *Lectio Divina*, we learn to listen to God and our Sisters. This is our work. We come to discover the "awe of God, the fear of the Lord, the fullness of wisdom whereby we trust in the Lord, become full of wonder and can be surprised each day."

We toured Clyde Monastery and Conception Abbey in Missouri, and enjoyed Vespers and supper with the Benedictine Sisters of Perpetual Adoration at Clyde.

On the last day, we shared one thing that we were gifted with during our time together. A common theme expressed resonated around Sister Esther's and Sister Irene's presentations: "*Cherish the good life and help others to do the same.*"





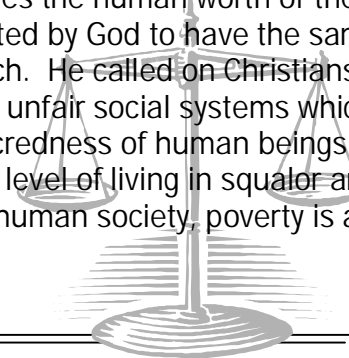
WE REMEMBER AND CELEBRATE



AWARD CEREMONY FOR FATHER GUSTAVO GUITÉRREZ

Sisters Mary, Benita and Christine attended the ceremony for the conferral of the Distinguished Medal of Honor Award given to Father Gustavo Gutiérrez, O.P. at Elmhurst College on September 19, 2009. Father Gutiérrez is among the most eloquent and effective advocates for the poorest of the poor. Coming from Peru in Latin America, he is recognized for his teaching of Liberation Theology, which is the conscience-raising movement that calls Christians to stand against the social injustice factions which lead to poverty. Liberation Theology is based on the Gospel and social justice encyclicals of the church which

teach that everyone is to uphold the human dignity of all peoples of the world. This, of course, implies economic change. In speaking about the scandal of poverty, Father Gutiérrez noted how poverty degrades the human worth of the poor who were created by God to have the same respect as the rich. He called on Christians to pray and oppose all unfair social systems which have caused the sacredness of human beings to be reduced to the level of living in squalor and helplessness. For human society, poverty is an immoral issue.



ST. MARY OF CELLE PARISH CELEBRATES 100 YEARS OF PROCLAIMING GOD'S GOODNESS

Centennial events are scheduled throughout 2009 to celebrate the 100th anniversary of St. Mary of Celle Parish in Berwyn, Illinois. The Benedictine Sisters are proud to have shared more than sixty years in the history of this parish. They opened St. Mary of Celle School in 1910 with 86 students. By the 1950s, the school enrollment rose to nine hundred students. Then, as the parishioners of Czech ancestry began to move to the western suburbs starting in the mid 1970s, the parish took on a more diverse population including Hispanic immigrants.

Today, St. Mary of Celle Parish has no school but is very much alive with religious education programs that serve both English and Spanish speaking children and adults, along with several pastoral outreach groupings. Their liturgy planning sessions integrate the talents of cantors

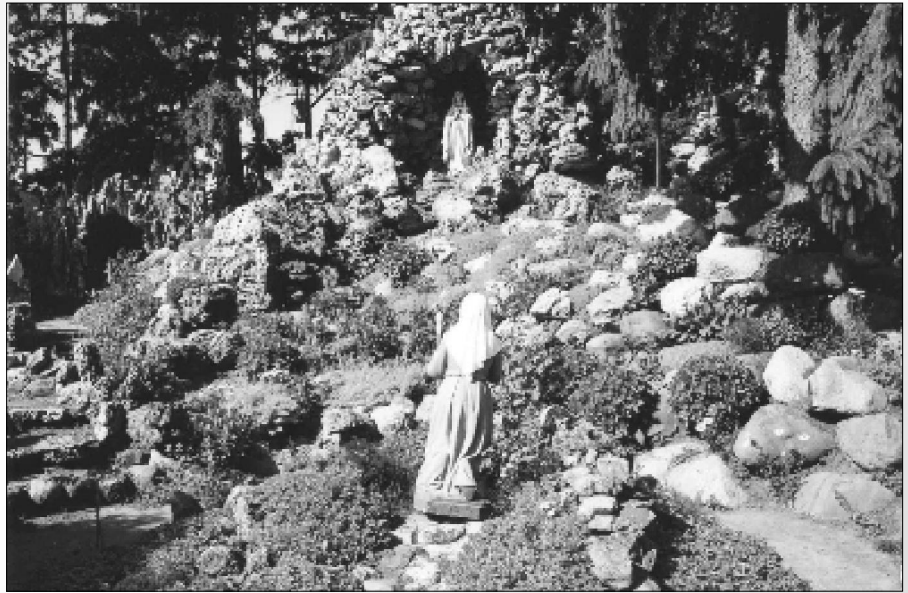
and musicians to be ready to lead the congregation in bi-lingual singing at their Sunday liturgies.

On September 27th, 2009, former Priests, parishioners and Sisters were invited to share the Eucharistic Celebration at which Bishop Thomas Paprocki of the Archdiocese of Chicago was the celebrant. Sister Roberta Knakal and Sister Christine Kouba represented the Lisle Benedictines. The present pastor, Father James Clavey, and the five Sisters of Christian Charity, who now work in the parish, welcomed the Benedictine Sisters after Mass. They were eager to learn about the earliest years of St. Mary of Celle parish, school and convent. It is noteworthy that Sister Roberta graduated from St. Mary of Celle School in 1944. Sister Christine Kouba served as a teacher from 1953-1956. The other Sister graduates who were not able to attend the celebration were Sister Karen Nykiel and Sister Sharon Marie Stola. Most of the Sisters who taught at St. Mary's School are deceased, including Sister Innocencia Francl (later known as Sister Therese Marie), and Sister Generosa Francl, who also graduated from St. Mary of Celle School and Sister Mary Charlotte Vesely, who was principal.

JOURNEY AROUND OUR LADY OF LOURDES GROTTA

The Grotto has always been a place of prayer and peace on the monastery campus. After the statues of Our Lady of Lourdes and St. Bernadette were refurbished in 2007, a fence was installed around the Grotto because the walkway was deemed to be unsafe. Estimates to build a new walkway are approximately \$12,000 - \$15,000.

The Sisters are grateful to a generous friend who has made a donation of \$5,000 designated for the new walkway project. If full funding is available, construction will begin in the spring of 2010.



You are invited to help us with this project. You may indicate your interest on the enclosed envelope. Thank you for your continued support of the Sisters and our home.



IRA DONATIONS

The reenacted IRA Charitable Rollover provision permits individuals age 70½ and above to make charitable donations of up to \$100,000 from IRAs and Roth IRAs without having to count the distributions as taxable income.

Donations must be made by December 31, 2009 to qualify. Simply contact your IRA custodian for the forms necessary to transfer your desired gift amount directly to the Benedictine Sisters of the Sacred Heart, Lisle, Illinois, a 501(c)3 not-for-profit corporation.

Bulletin Board

On Sunday, September 27th,
forty-three
Eucharistic Ministers
were commissioned to serve in
Sacred Heart Chapel
for the next three years.
In support of the Sisters,
residents of Villa St. Benedict,
as well as friends from the
local community, serve as lay
ministers in several capacities
during the celebration
of the Sunday
and weekday liturgies.



SHA-HOMECOMING 2009

Sacred Heart Academy's Annual Homecoming was held on Sunday, October 18th at the Hilton, Lisle/ Naperville. Ninety-five SHA Alumnae and Sisters enjoyed a delicious brunch while they reminisced and shared family stories. Special recognition was given to eleven members of the class of 1954, and fifteen members of the class of 1959. The most senior Alumnae in attendance was Sister Alma Bratrsovsky, OSB, class of 1934. News from all the Alumnae will appear in The Echo in the spring of 2010.

On Tuesday, September 29, an Autumn Blaze pear tree



was blessed by the Sisters and staff of Villa St. Benedict in memory of Father Kevin Sheeran, OSB. The tree is located on the front lawn of the campus along Maple Avenue. Father Kevin, who died in March, served as a VSB Board Member for many years.

*Gifts to the Sisters'
Annual Appeal are still
gratefully received and offer
attractive tax benefits.*

As always, we

Thank You

for your generosity.



The following generous
donors were omitted from our
Annual Report 2008-2009.
We apologize for this oversight.

Stephen and Georgiann Morrissey



SHARE
 IN
 THE
 CARE

Retirement Fund for Religious 2009

We would like to remind you of the annual "Share in the Care" Collection for Elderly Sisters, Brothers, and Priests in Religious Orders, which takes place in your parish on December 12-13, 2009. Your gift is a tribute to the life-long ministry of religious in the United States. The retirement fund of the Benedictine Sisters of the Sacred Heart receives a donation from this collection, and we thank you for your continued generous support.



Search the web with www.goodsearch.com and money from Yahoo advertisers will go to the Benedictine Sisters without you spending a dime! Be sure to enter Benedictine Sisters of the Sacred Heart - Lisle as the charity you want to support.

LISLE BENEDICTINE WOMEN is our newsletter, printed bi-yearly by Arbor Printing and Graphics. This publication is sent free of charge to our relatives, friends and benefactors. We thank you for the donations that we have received to help defray the cost of printing, postage and handling.

If you know of someone who would like a subscription, please send his/her name and address to us. If you are receiving duplicate copies of our mailings, let us know. If you wish to have your name removed from our list, drop us a note, and we will respect your wishes. Be assured that we do not share or sell our mailing list with anyone.

MOVING?

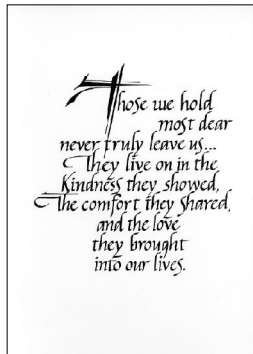
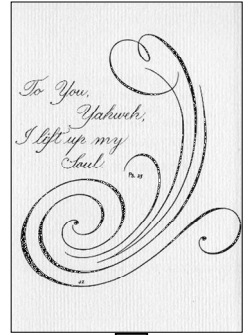
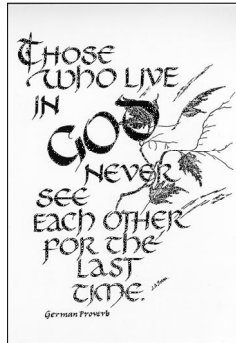
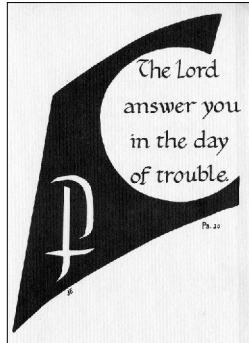
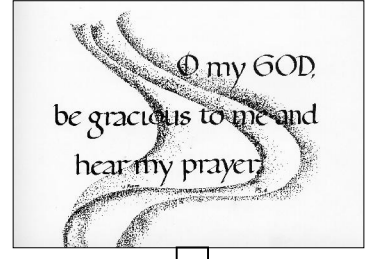
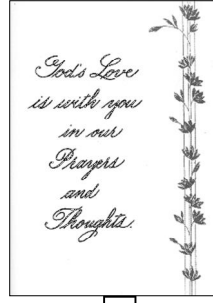
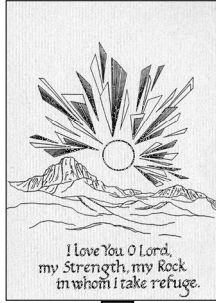
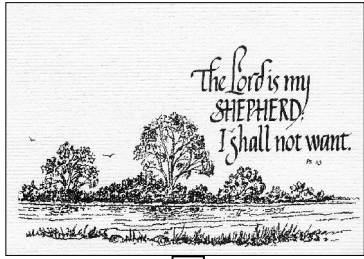
If you are planning to move or have recently moved, please send us your new address. This will serve to guarantee your uninterrupted, reception of the newsletter, as well as save us time and money. Thank you!

NEW ADDRESS: _____
Name

Street Number

City
State
Zip

Prayer Cards are Available from the Benedictine Sisters



Wording inside all cards	
The DIVINE OFFICE is the Official Prayer of the church (Vatican Council II) proclaimed daily in the Chapel of SACRED HEART MONASTERY by the BENEDICTINE SISTERS Date _____ Prioress _____	REMEMBRANCE _____ will share in the SPIRITUAL BENEFITS of the DIVINE OFFICE at the request of _____ for: _____

Please place a check mark in the box under the card you wish to order and complete the following:

Card is for : _____
 (Name of person) Living Deceased

Mail Card to: _____
 (Full Name)

Street Number: _____

City: _____ State: _____ Zip: _____

Card Requested by: _____
 (Full Name)

Street Number: _____

City: _____ State: _____ Zip: _____

Suggested Donation:

___ \$10 (1 month) ___ \$15 (6 months) ___ \$20 (1 year)
 ___ Cash ___ Check (Payable to Benedictine Sisters)
 ___ VISA ___ MasterCard

Account # _____

Expiration Date: _____ / _____
 month year

Signature _____

Please mail form to: Sister Jo Anne Form, OSB
 Sacred Heart Monastery
 1910 Maple Avenue
 Lisle, IL 60532-2164
 Phone: 630-725-6013

For additional copies of this form see
www.shmlisle.org

Sacred Heart Monastery
1910 Maple Avenue
Lisle, IL 60532-2164
(630) 725-6000
www.shmlisle.org

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Dear Friend of the Benedictine Sisters,
In gratitude to you for showing us God's
love in so many ways, our Christmas gift

to you will be a

Novena of Masses

celebrated

December 25, 2009 - January 1, 2010.

The Benedictine Sisters of the Sacred Heart
Prioress Judith Ann Heble, OSB

